

## MIMI ADAMS | ACTOR. DANCER. PERFORMER.



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### Education

Creekview High School, Diploma, 2021

Collin College Computer User Experience Design  
Major – 2024 to Present

### Skills

Acting technique, Voice and speech, Script analysis, Physicality, Collaboration, Creativity, Persistence

### Profile

Dynamic and versatile actor with a wide range of skills and experiences in both dance and musical theater. Able to effortlessly embody a diverse range of characters and bring depth and authenticity to each role. Skilled in improvisation and experienced in both scripted and unscripted work, comfortable with cold reads, and able to adapt to new and challenging material quickly.

### Experience

#### The Hopeful Theater Project, Dallas, Texas 2025

Casted in the musical "The Little Mermaid" at the Kalita Humphreys Theater as Mersister (Adella), Sea Creature, Wave, Animal. Performed stunts: leaps, and lifts dance in Heelys.

#### Lilithzplug Cypher Girl MV & PR Stunt, NY 2025

Hired as a professional dancer for a New York City music video with Lilithzplug, she delivered strong on-camera performance and adapted quickly to direction. She also participated in a Times Square public stunt activation, engaging crowds and contributing to a high-visibility promotional moment. This project highlights her professionalism, stage presence, and ability to perform confidently in both filmed and live public settings.

#### The Hopeful Theater Project, Dallas, Texas 2025

The Hopeful Theater Project presents a vibrant, community-centered staging of The Little Mermaid, bringing the underwater world to life with colorful visuals and heartfelt performances. The production highlights themes of courage and self-discovery, with standout ensemble work across the underwater kingdom; in this staging, she performed as Mersister Adella, the Turtle, the Sturgeon, and an Ocean Wave—executing the wave choreography on Heelys for dynamic glide-based movement. Blending professional creativity with the company's mission to give back, it offers an inspiring and family-friendly theatrical experience.

#### Overrun Dance Team, Dallas, Texas 2025

Competed at World of dance in the competitive Team division. Performed an dystopian pieces using themes about conformity and seeking out individuality.

#### Tech Quality Dance Studio, Dallas, Texas 2025 to Current

Teaches intermediate Choreography at Tech Quality Dance Studio aka "HQ Dance Studio". Sharing her extensive knowledge in dance and her passion through movement. Hoping to encourage aspiring dancers in the Dallas community. Choreographer for HQ's Training team for the 2025 World of Dance Competition in Dallas.

#### The Hopeful Theater Project, Dallas, Texas 2025

Casted in the musical "Little Shop of Horrors" sold out production March 6-9, 2025 in Ensemble and Urchin u/s.

#### Yar Music Festival, Round Rock, Texas 2024

Hired as a backup dancer for Sunkis at the Yar Music festival in Round Rock. Performed Choreo for "Top Tier" and "All For You". Sunkis is a up and rising genre-blending artist known for emotive vocals, atmospheric production, and introspective storytelling. Drawing from pop, alternative R&B, and electronic influences, their sound balances vulnerability with quiet confidence. Each release explores themes of self-discovery, connection, and emotional growth through a cinematic lens. Sunkis creates music that feels intimate, honest, and meant to be felt as much as heard.

October 2023.

### **Hype Dallas Showcase, Dallas, Texas 2024**

Performed her own original choreography set at the Hype Dallas Showcase on Oct 18th, meant to spotlight DFW dancers and choreographers. Doing her own twist to iconic throwback hits from Destiny's Child Jumpin' Jumpin' to Missy Elliot "Get Your Freak On", Jannet Jackson "All For You" and Mary J. Blige "Just Fine"

### **Mimi Adams, Dallas, Texas 2024 to Current**

Dance instructor for youth talent. Specialized services tailored for each client in regards to movement and choreography. Can teach from beginners to intermediate and Advanced lessons.

### **The Hopeful Theater Project, Dallas, Texas 2024**

Casted in the musical "Joseph and The Amazing Technicolor Dreamcoat" as a wife and Apache Dancer, and cheerleader. Performed partnering lifts and drop splits during the musical. The Hopeful Theater Project opened to a sold-out run. Help provide 550 specialized packages called "Comfort drops" for kids in foster care and homeless systems.

### **The Hopeful Theater Project, Dallas, Texas 2024**

Casted in the musical "Beauty and the Beast" at the Kalita Humphreys Theater as a wolf, a napkin, and a silly girl. Was chosen to be the dance captain and performed stunts like leaps, slides off tables, and lifts. The concert raised an incredible \$15,200 for the Ronald McDonald House, breaking even previous records set by "The Addams Family." The Ronald McDonald House offers 304 days of free lodging to families with sick children. Without being concerned about housing or food.

### **Showtime International, Dallas, Texas 2024**

Personally requested to make specialized choreography for three private students. One solo piece to "Greedy" by Tate McRae and one duet piece to "Gold" by Britt Nicole. Both pieces were performed at the Showtime International Competition in February 2024.

### **The Hopeful Theater Project, Dallas, Texas 2023**

Casted as a Cowgirl Ancestor for the musical production of "The Addams Family." Performed in the ensemble and did lifts and partner tricks throughout the musical. The show also set record-breaking milestones for The Hopeful Theater Project: the highest fundraising show to date, beating the goal by \$1000, the first sold-out show online, opening night, and selling out 5 out of 7 shows. And the first ASL-interpreted performance.

### **2OP Dance Crew, Dallas, Texas 2023**

2OP is a one-of-a-kind dance crew inspired by K-R&B music, merging the qualities of KPOP and hip-hop. Is a founding member of 2OP, choreographer and Co-Captain. In August, she represented the squad as a soloist at a choreographic showcase called Hype Dallas. The group was chosen for the Underground Movement Festival Vol. 9 in November after giving a performance at the Houston Korean Festival in

### **Hyolyn Concert, Dallas, Texas 2024**

Performed as a Opener for Kim Hyo-jung, better known by her stage name Hyolyn, is a South Korean singer and songwriter. Performed a KATSEYE Set with "Debut" & "Touch" with AEON a Kpop Dance Cover Team based in DFW.

### **Health Bytes with Region 3 Podcast, Dallas, Texas 2023**

"Health Bytes with Region 3" is presented by the Network of the National Library of Medicine Region 3. Recorded a commercial for the podcast on episode "Improving Health Outcomes: Jennifer E. Hubbard and Elle Markman."

### **Septien Entertainment Group, Dallas, Texas 2023**

Dance instructor and choreographer for the youth summer camp held by Septien. Created original choreography for a theater medley including songs from "Beauty and the Beast", "Mama Mia", and "The Addams Family". Is also the Choreographer for youth vocal performance.

### **Elevate Dance Crew, Dallas, Texas 2022**

Had administration authority over song selection for concept videos and dance festivals. Facilitated the growth and performance of the groups in dance and technical design. The 1st competition Elevate competed in, placing 3rd at the Dallas Kpop Fest in October 2020 using "Blackpink Mashup".

### **Synergy Dance Crew, Dallas, Texas 2022**

In charge of song selection for dance festivals and competitions. Creating a dynamic performance that achieved 1st place at the Kpop World Festival in October 2021. In the same month, winning 3rd place at the Dallas Kpop World Festival using "Itzy Mashup". Managed all aspects of Synergy, coordinating song selections, choreography rehearsal and technical design for Synergy's Performances.

### **Gabriel Couret Actor's Studio, Dallas, Texas 2022 to Present**

Specializing in the Meisner technique and covering a variety of topics, including scene study, character development, voice and speech, and on-stage techniques.

### **KPOP Dance Dallas Co-Captain / Choreographer, Dallas, Texas 2022**

KPOP Dance Dallas is an invitation-only adult training team that provides dancers with the opportunity to continue learning and growing. Training sessions focus on fundamentals, body awareness, and control, and choreography is regularly taught. Dance Instructor for Z Dynasty Intermediate/Advanced and Kpop Cover classes. Teaching original and professional choreography. Co-Captain of Idolize Dance Cover Team: Responsibilities include producing, teaching, leading rehearsals, technical design and song selection. Adult dance team member, instructor, and choreographer for Izavibe and Mezmerize. Recent

performances include: House of Blues, Nishi Festival, and Korean Festival 2022.

### **Special Skills**

Classically trained in ballet for 9 years, 3 years on pointe, competitive hip hop dancer for 6 years, contemporary, vogue, and waacking. Intermediate tennis player, swimming, roller skating, heelys, and bike riding.